

Newstead Recreation Program

January 2007

A.M. Lap Swim 6:00am-7:30am M,W,F unless school is closed!!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	NO SCHOOL NO REC 1	2	High School Night Family Swim 3	Men's B-ball League Co-ed Volleyball Water Aerobics Adult free swim 4	5	6
7	Middle School Night Family Swim 8	9	High School Night Family Swim 10	Men's B-ball League Co-ed Volleyball Water Aerobics Adult free swim 11	12	13
14	NO SCHOOL NO REC 15	16	High School Night Family Swim 17	Men's B-ball League Co-ed Volleyball Water Aerobics Adult free swim 18	19	20
21	NO SCHOOL NO REC 22	23	High School Night Family Swim 24	Men's B-ball League Co-ed Volleyball Water Aerobics Adult free swim 25	26	27
28	Middle School Night Family Swim 29	30	High School Night Family Swim 31			
		All Activities run from 7:45 to 9:30!!				